

Itinerary for Everest Base camp with Cho-la pass | Gokyo trek 14 days Package

DAY 1: Fly from Kathmandu to Lukla, Trek to Phakding

Begin your Everest Base Camp via Cho La Pass adventure with a scenic flight to **Lukla**, the gateway to the Everest region. From here, you'll start trekking towards **Phakding**, a small village nestled along the Dudh Koshi River.

DAY 2: Trek from Phakding to Namche Bazaar

Today's trek takes you to the Sherpa capital, **Namche Bazaar**, famous for its vibrant markets, stunning mountain views, and rich cultural heritage. En route, you'll get your first glimpse of **Mount Everest** and other majestic peaks.

DAY 3: Acclimatization Day in Namche Bazaar

Acclimatization Hike to Hotel Everest View, this 2-3 hour trek provides a **gradual altitude gain**, helping your body adjust. If the weather is clear, you'll get **stunning views of Mount Everest, Lhotse, Ama Dablam, and other peaks**.

DAY 4: Trek from Namche Bazaar to Dole

Leave the main Everest trail and head towards **Dole**, climbing steadily through forests of rhododendron and pine. Along the way, you'll pass by yak pastures and enjoy views of **Khumbila** and **Taboche** peaks.

DAY 5: Trek from Dole to Machhermo

A relatively short trek today takes you to **Machhermo**, a small village surrounded by snow-capped peaks. This day also helps your body acclimatize further, preparing you for higher altitudes.

DAY 6: Trek from Machhermo to Gokyo (Afternoon hike to Gokyo Ri)

Trek to **Gokyo**, passing by the breathtaking **Gokyo Lakes**—a series of turquoise alpine lakes surrounded by mountains. The beauty of these lakes is unparalleled in the Himalayas.

DAY 7: Morning hike to Gokyo 4th Lake, Trek to Thagnak

An early morning hike up **Gokyo Ri** rewards you with a 360-degree panorama of some of the world's highest peaks, including Everest, **Lhotse, Makalu, and Cho Oyu**. After soaking in the views, descend to Gokyo and trek onward to **Thagnak**, crossing the mighty **Ngozumpa Glacier**.

DAY 8: Cross Cho La Pass, Trek to Dzongla

This is one of the most challenging yet rewarding days of the trek. You'll ascend the steep, icy trail to **Cho La Pass**, where you'll be greeted by spectacular views of snow-capped peaks and glaciers. After the pass, descend carefully to the village of **Dzongla**.

DAY 9: Trek from Dzongla to Lobuche

Today's trek takes you along the base of towering peaks, passing through scenic landscapes before arriving at **Lobuche**, where you'll rest and prepare for the final approach to Everest Base Camp.

DAY 10: Trek from Lobuche to Gorakshep, Hike to Everest base camp

After a challenging morning trek to **Gorakshep**, you'll continue onward to reach the iconic **Everest Base Camp**. Spend some time soaking in the glory of Everest before returning to Gorakshep for the night.

DAY 11: Morning hike to Kalapatther, Trek to Pheriche

Rise early to hike up to **Kala Patthar**, the best vantage point for an up-close view of Everest. After taking in the views, descend to **Pheriche** for an overnight stay.

DAY 12: Trek from Pheriche to Namche Bazaar

Retrace your steps through the familiar terrain of the Everest region, trekking back to Namche Bazaar for a relaxing evening in this lively Sherpa hub.

DAY 13: Trek from Namche Bazaar to Lukla

Enjoy your final day of trekking as you descend to **Lukla**, where you can celebrate the success of your journey with your trekking team.

DAY 14: Fly from Lukla to Kathmandu

Fly back to Kathmandu and enjoy a free day exploring the city's cultural treasures, such as **Swayambhunath** (Monkey Temple), **Pashupatinath Temple**, or **Boudhanath Stupa**.

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