

Itinerary for Manaslu Circuit Trek with tsum valley

17 Days Package

Day 1: Drive from Kathmandu to Machhakhola (870m) Duration: 8-9 hours.

Day 2: Trek from Machhakhola to Jagat (1340m) Duration: 8-9 hours.

Day 3: Trek from Jagat to Lokpa (2390m) Duration: 6-7 hours

Day 4: Trek from Lokpa to Chumling (Lower Tsum) (2390m) Duration: 4-5 hours.

Day 5: Trek from Chumling to Chokangparo (Upper Tsum), (3,010m) Duration: 4-5 hours.

Day 6: Trek from Chokagparo to Nile, Duration 3-4 hours.

Day 7: Hike to Mu-Gompa and Trek back to Chokangparo Duration 7-8 hrs

Day 8: Trek to Chumling Duration 4-5 hrs.

Day 9: Trek from Chumliung to Deng (1,900m) Duration: 6-7 hours.

Day 10: Trek from Deng to Namrung

Day 11: Trek from Namrung to samagaon

Day 12: Rest Day at Samagaon

Day 13: Trek from Samagaon to Samdo Duration 4-5 hrs

Day 14: Trek From samdo to Dharmsala Duration 4-5 hrs

Day 15: Trek From Dharamsala to Bhimtang via larkey la pass Duration : 9-10 Hrs

Day 16: Trek from Bhimtang to Dharapani, Duration 9-10 Hrs

Day 17: Drive to Kathmandu From Dharapani Duration 12 hrs

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