

Itinerary for Everest High Pass Trek 20 Days Package

Day 1: Arrival at Tribhuvan International Airport in Kathmandu (1,400 m) and transfer to hotel. Overnight at a Hotel

Description

Day 2: Fly to Lukla (2,840 m) from Kathmandu – 35 minutes or drive to Manthali/Ramechhap – 4 to 6 hours and a – 20 minutes flight to Lukla, and then trek to Phakding (2,610 m) – 3 to 4 hours. Overnight at a Guesthouse

Description

Day 3: Trek to Namche Bazaar (3,440 m) from Phakding – 5 to 6 hours. Overnight at a Guesthouse

Description

Day 4: Acclimatization Day at Namche Bazaar. Hike to Hotel Everest View (3,880 m) and back – 4 to 5 hours. Overnight at a Guesthouse

Description

Day 5: Trek to Tengboche (3,860 m) from Namche Bazaar – 5 to 6 hours. Overnight at a Guesthouse

Description

Day 6: Trek to Dingboche (4,410 m) from Tengboche – 5 to 6 hours. Overnight at a Guesthouse

Description

Day 7: Acclimatization Day at Dingboche. Hike to Nangkartsang Peak (5,083 m) and back – 4 to 5 hours. Overnight at a Guesthouse

Description

Day 8: Trek to Chhukung (4,730 m) from Dingboche – 4 to 5 hours. Overnight at a Guesthouse

Description

Day 9: Trek to Lobuche (4,910 m) via Cross Kongma La pass (5,535 m) – 7 to 8 hours. Overnight at a Guesthouse

Description

Day 10: Trek to Everest Base Camp (5,364 m) and then back to Gorak Shep (5,164 m) – 8 to 9 hours. Overnight at a Guesthouse

Description

Day 11: Early morning hike to Kala Patthar (5,555 m) and then, descend to Lobuche (4,910 m) – 8 to 9 hours. Overnight at a Guesthouse

Description

Day 12: Trek to Dzongla (4,830 m) from Lobuche – 4 to 5 hours. Overnight at a Guesthouse

Description

Day 13: Trek to Gokyo (4,800 m) from Dzongla via Crossing Cho La Pass (5,368 m) – 8 to 9 hours. Overnight at a Guesthouse

Description

Day 14: Climb Gokyo Ri (5,483 m) and return back to Gokyo – 3 to 4 hours. Overnight at a Guesthouse

Description

Day 15: Trek to Lunden (4,300 m) via Crossing Renjo La Pass (5,340 m) – 7 to 8 hours. Overnight at a Guesthouse

Description

Day 16: Trek to Thame (3,800 m) from Lunden – 4 to 5 hours. Overnight at a Guesthouse

Description

Day 17: Trek to Namche Bazar (3,440 m) from Thame – 4 to 5 hours. Overnight at a Guesthouse

Description

Day 18: Trek to Lukla (2,840 m) from Namche Bazaar – 6 to 7 hours. Overnight at a Guesthouse

Description

Day 19: Fly to Kathmandu – 35 minutes or Manthali/Ramechhap – 20 minutes from Lukla (2,840 m) and same-day drive to Kathmandu – 4 to 6 hours. Overnight at a Hotel

Description

Day 20: Transfer to the International Airport for departure as per your flight schedule

Description

Package: Everest High Pass Trek 20 Days

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